

Providing Mental Health Resources at Your Library

Information Resources

Centers for Disease Control and Prevention (CDC): Mental Health

May is Mental Health Awareness Month

MedlinePlus

- MedlinePlus: <u>Review and Update of Content on MedlinePlus</u>
- MedlinePlus: Mental Health & Behavior
- MedlinePlus: <u>Health Information in Multiple Languages</u>
- MedlinePlus: Organizations and Directories
- MedlinePlus: Drugs & Supplements

DailyMed

About DailyMed: Product Guide

MentalHealth.gov

Mental Health Observances Calendar

National Institute of Mental Health: Digital Shareables

National Library of Medicine Traveling Exhibitions

- Join the NLM Exhibition listserv
- <u>Care & Custody: Past Responses to Mental Health exhibit</u>
- Graphic Medicine: Ill-conceived & Well-drawn exhibit
- Host an NLM Traveling Exhibition

NNLM Reading Club: Mental Health

NNLM Public Libraries Guide, Mental Health

National Center for Complementary and Integrative Health (CCIH)

National Institute of Mental Health Brochures and Fact Sheets (NIMH)

Programming Librarian

SAMHSA (Substance Abuse and Mental Health Services Administration)

Stamp Out Stigma

World Health Organization Illustrated Guide: Doing What Matters in Times of Stress



NNLM Classes and Guides

<u>NNLM Training Calendar</u> <u>Introduction to Health Reference (on-demand class)</u> <u>Subscribe to the NNLM Weekly Class Announcement Email</u>

Other trainings

Mental Health First Aid