

Federal Government Mental Health Resources/ Recursos del Gobierno Federal de Salud Mental



U.S. Government Information...
ELECTRONICALLY

A bilingual training program for
students, staff and library users

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Importance of mental health resources

Importancia de recursos de salud mental

26.2% of adult Americans have a mental health disorder
26.2% de adultos americanos tienen un trastorno de salud
mental



<http://www.nimh.nih.gov/health/publications/the-numbers-count-mental-disorders-in-america/index.shtml#Intro>

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*Why government resources?
¿Porque Recursos del Gobierno?*

Quality/Cualidad

Credibility/Credibilidad

Accessibility/Accesibilidad



Free Resources/Recuros gratuitos

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*Why resources in other languages?
¿Porque recursos en otros idiomas?*



Numerous speakers of other languages in the United States/ Cantidad grande de hablantes de otros idiomas en los estados unidos

Information in your native language is easier to understand in a crisis situation/ En una situación de crisis tu idioma nativa es mas fácil

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Latino Population Statistics

http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/005338.html
(link to statistics on the latino population in the US/Enlace a estadisticas del poblacion latino en E.E.U.U.)



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General Resources/
Recursos Generales

<http://www.usa.gov/gobiernousa/>

Basic US Government web page in Spanish/
Pagina básica del Internet en español

<http://medlineplus.gov/spanish/>

Link to Medline plus site in Spanish/ Enlace a
Medline plus en español

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The screenshot shows a Windows Internet Explorer window displaying the GobiernoUSA.gov website. The page is titled 'Salud, nutrición y seguridad en GobiernoUSA.gov, el portal oficial del Gobierno de los EE. UU.' The main content area features a banner with the American flag and the text 'GobiernoUSA.gov Información oficial en español'. On the left, there's a sidebar with links for 'Directorio del Gobierno', 'Temas' (including Salud, Nutrición, and Safety), and 'Noticias e información de interés'. The central content area discusses health and nutrition topics like seguro de salud, consejos de prevención, and nutrición para la familia. A right sidebar provides links for sharing the page, printing, RSS feeds, and a virtual tour. The bottom of the screen shows the Windows taskbar with various open applications.

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Medline Plus page in Spanish

The screenshot shows a Windows Internet Explorer window displaying the MedlinePlus Información de Salud website in Spanish. The page has a purple header with the MedlinePlus logo and the text 'BIBLIOTECA NACIONAL DE MEDICINA DE EE.UU. y los INSTITUTOS NACIONALES DE LA SALUD'. The main content area includes sections for 'Temas de Salud', 'Noticias de Salud', 'Últimas Noticias', and 'Página Recomendada'. There are also links for 'Sobre MedlinePlus | Índice | FAQ | Contáctenos' and 'English'. The bottom of the screen shows the Windows taskbar with various open applications.

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For Google Fans/Para fanáticos de Google



<http://www.google.com/unclesam>



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Access from Encarnación Valdés Library/ Acceso de la Biblioteca Encarnación Valdés

<http://www.pucpr.edu/>

A screenshot of a Windows Internet Explorer browser window showing the homepage of the Pontificia Universidad Católica de Puerto Rico. The page features the university's crest, a banner for the 60th anniversary, and links for Colegios, Oficina Exalumnos, Conoce la Universidad, Actividades, Oficinas, and various faculty and administrative departments. The status bar at the bottom shows the date as Wednesday, April 15, 2009, and the time as 11:05 AM.

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Web page Encarnacion Valdes Library



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GPO Access



<http://www.gpoaccess.gov/>

Link to the Government Printing Office web site/

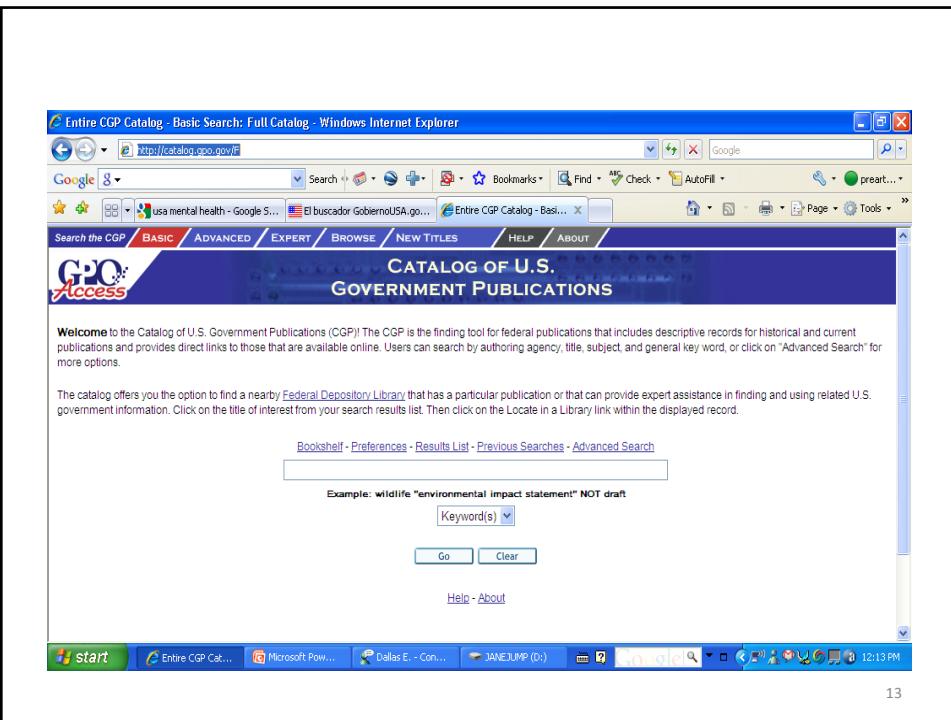
Enlace al GPO pagina del Internet (Page contains links to GPO catalog , GPO bookstore, and various government databases)

<http://catalog.gpo.gov/F>

Direct link to the GPO catalog /

Enlace directo al catalogo del GPO

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Web sites and agencies/ Paginas del Internet y Agencias

<http://www.nimh.nih.gov/>
Link to the National Institutes of
Mental Health/ Enlace a los
Institutos Nacionales de Salud
Mental

<http://www.samhsa.gov/espanol/>
Link to the Substance Abuse and
Mental Health Services
Administration/ Enlace a la pagina
del Internet de la Administración
de Salud Mental y Abuso de
Sustancias de E.E.U.U.



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*Web sites and
agencies*
*Páginas del
Internet y Agencias*

(Link to the Centers for Disease control in Spanish/Enlace a los Centros para el Control y la Prevención de Enfermedades)

<http://www.cdc.gov/spanish/>

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Resources for children and adolescents

http://bblocks.samhsa.gov/media/bblocks/Spanish/ParentGuide_e.pdf



<http://mentalhealth.samhsa.gov/publications/allpubs/sma-4054S/>

<http://mentalhealth.samhsa.gov/publications/allpubs/KEN-01-0099/default.asp>

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Resources for adults/ Recursos para adultos



http://www.nia.nih.gov/NR/rdonlyres/C987183A-7F57-4AD2-BAA7-A1A89C215300/0/La_Depresin_No_Permita_que_la_Depresin_Le_Persista61907.pdf

<http://mentalhealth.samhsa.gov/publications/allpubs/SMA-96-3118SP/default.asp>

<http://permanent.access.gpo.gov/lps77055/spOCD4676.pdf>

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Scientific and technical resources / Recursos científicos y técnicos

<http://www.ncbi.nlm.nih.gov/pubmed/>

(Link to pubmed, the search engine of the national library of medicine/Enlace a pubmed, el buscador de la Biblioteca Nacional de Medicina de E.E.U.U.)

<http://fdlp.ntis.gov/login.aspx?ReturnUrl=%2fdefault.aspx> (Link to DARTS-NTIS-Depository Access to Research and Technical Services/National Technical Information Service)



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Mental Health Statistics Estadísticas de salud mental

<http://www.stat-usa.gov/>

<http://www.census.gov/>

<http://www.oas.samhsa.gov>

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<http://www.mentalhealthamerica.net/go/english>
<http://www.mentalhealthamerica.net/go/spanish>
http://www.nami.org/Content/NavigationMenu/Inform_Yourself/NAMI_en_espanol/NAMI_en_espanol.htm



Other resources/Otros recursos

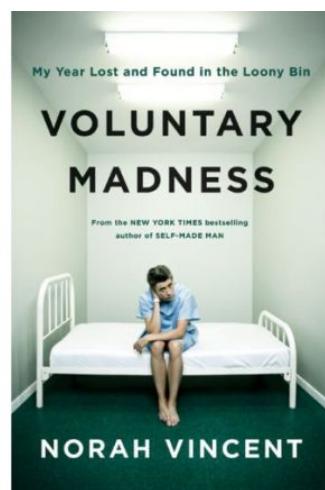
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If this is what you all day



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Then this is what you have



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**THANK YOU
GRACIAS**

